

| Uhrzeit | Montag | Dienstag | Mittwoch | Donnerstag | Freitag | Samstag | Sonntag | |
|---------|-------------------|------------------------|-------------------|---------------------|-------------------|------------|---------|--|
| 14:00 | | | | bis 15:30 Schule | | | | |
| 14:15 | | | 14:15 - 15:45 Uhr | | | | | |
| 14:30 | | | Tennis | | | | | |
| 14:45 | | | Tennisclub | | | | | |
| 15:00 | 15:00 - 16:00 Uhr | | | | | | | |
| 15:15 | Seniorentanzkreis | | | | | | | |
| 15:30 | | | | | | | | |
| 15:45 | | | | | | | | |
| 16:00 | | | | | | | | |
| 16:15 | | | | | | | | |
| 16:30 | 16:30 - 17:30 Uhr | 16:30 - 17:45 Uhr | | | | | | |
| 16:45 | Kinderturnen | Eltern - Kind - Turnen | | | | | | |
| 17:00 | 4-6 Jahre | TSV | | | 17:00 - 18:30 Uhr | | | |
| 17:15 | TSV | | | | E-Jugend | | | |
| 17:30 | 17:30 - 18:45 Uhr | | 17:30 - 18:45 Uhr | | Fußball | | | |
| 17:45 | D-Jugend | 17:45 - 18:30 Uhr | Kinderturnen | | TSV | | | |
| 18:00 | Fußball | Laufkids | 7-10 Jahre | 18:00 - 20:00 Uhr | | | | |
| 18:15 | TSV | TSV | TSV | Euphoria | | | | |
| 18:30 | | | | LineDancer | | | | |
| 18:45 | 18:45 - 19:45 Uhr | 18:45 - 19:45 Uhr | | Skiclub | | | | |
| 19:00 | Seniorenturnen | Aerobic | 19:00 - 20:00 Uhr | | 19:00 bis | | | |
| 19:15 | TSV | TSV | Frauenturnen | | 21:00 Uhr | | | |
| 19:30 | | | TSV | | Chor | | | |
| 19:45 | | | | | ImPuls | | | |
| 20:00 | 20:00 - 21:00 Uhr | 20:00 - 21:00 Uhr | 20:00 - 22:00 Uhr | 20:00 - 21:00 Uhr | 20:00 bis | (bis Dez.) | | |
| 20:15 | Zumba | Jedermann - Turnen | Darts | Skigymnastik | 21:30 Uhr | | | |
| 20:30 | TSV | TSV | TSV | Skiclub | Fußball | | | |
| 20:45 | | | | | TSV | | | |
| 21:00 | | | | | (ab Dez.) | | | |
| 21:15 | | | | | | | | |
| 21:30 | | | | | | | | |
| 21:45 | | | | | | | | |
| 22:00 | | | | | | | | |